

I was sick and tired of all the drugs I was taking. I been from specialist after specialist, and the best they could do was put me on just another drug. I am a 42 year old woman, and I am on 7 different medications for asthma, neck and back pain, leg pain, migraine headaches, sinus pressure, sleep disorder, knee pain, and constipation. The medications did help control some of the symptoms and alleviate some of the pain; however, they didn't cure anything. My medical doctor said I can never get off my asthma medication because it was a genetic problem.

One day I decided to take control over my life, and not put it in the hands of my medical doctors. I went to the phone book and looked for natural doctors, and I called Keystone Spinal Care unknowing that he practice chiropractic. When I sat up the appointment I was thinking of seeing a doctor the will give me herbs and supplements for my condition, but that is not what happened when I saw Dr. Tim.

I was unsure what I was getting into with Dr. Tim and the procedure he wanted to perform on me. After listening to his explanation of how nerve pressure in my upper neck could cause asthma and many other problems I had I was skeptical. However, his explanation made more sense of why my body was not working right than the previous specialist I went to in the past.

Dr. Tim adjusted my spine on June 2, 2005 and I felt lighter on my feet, my head felt lighter, I was able to breath easier, and I felt overall better. That feeling only lasted a day, by the next morning I felt sore, sick, and very fatigued. I did not know what was going on, so I called my medical doctor for an examination. He said the medication I was on was coming out of my pores, and my body became toxic from all the medications I was on. My medical doctor asks me if I did anything different, and I said I went to a chiropractor and he adjusted me. His opinion there was no connection, so he took me off all medications to get the toxins out of my body.

After a few days I was improving rapidly, the asthma, leg pain, and back pain was gone. Instead of having constipation I had diarrhea for a few days as my body detoxified from the medications. Within two weeks the medications were out of my system, and I felt great. I could breath normally for the first time in over a year, my bowel movements were normal, had no migraines, and had no pain in my body. It was amazing!

The NUCCA procedure that Dr. Tim does is life changing. I would have never thought slight pressure on nerves in my neck could cause all these problems that the medical doctors been treating me for years. In fact my primary care doctor called to say it is time to get back on my asthma medication, when I said I don't have asthma anymore he said it was impossible and I needed the medication. When I refused he got upset and hanged up the phone.

I know everyone doesn't get these profound responses from this procedure, but I sure did and it changed my life forever. I am on no medication and feeling great. I sure recommend anyone and everyone to have their spine checked because what I have heard that all my problems could have been prevented in the first place if I had my spine adjusted as a child.

God Bless and Thank you

Eternally Grateful,

Jeanette B.